

WEST VIRGINIA  
GERIATRICS

WVGS 14th Annual  
Scientific Assembly  
“Caregiving: Challenges and  
Solutions”



Thursday, September 13, 2018  
University of Charleston  
Geary Student Union Building  
3rd Floor Ballroom  
Charleston, WV



Quality  
Insights



UNIVERSITY OF  
CHARLESTON  
SCHOOL OF PHARMACY



CAMC  
Institute

Co-Sponsored By  
Quality Insights  
University of Charleston School  
of Pharmacy  
CAMC Institute

## Target Audience

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This conference is planned for an interdisciplinary audience of healthcare professionals., including physicians, nurses, pharmacists and social workers,

## Program Overview and Objectives

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The 2018 West Virginia Geriatrics Society Scientific Assembly, “Caregiving: Challenges and Solutions” is designed to enhance the care of the geriatric population and address pressing issues currently on the forefront of geriatric care. In communities across the Mountain State, nearly 300,000 West Virginians care for older parents, spouses or other loved ones, helping them to live independently in their own homes. These family caregivers have a huge responsibility.

This activity will recognize and discuss that caring for others is difficult and caregivers often feel stress. The training will focus on identifying burnout, stress relief, specific strategies for caring for the patient with Alzheimer’s disease and those with chronic conditions. They will learn how palliative and hospice care services can be used to enhance the quality of life for patients.

The Proposed content of the CME relates to the extreme need seen in our state including lack of services in more rural parts of the state. This CME, in line with the American Geriatric Society, will assist the collaborative practice of all disciplines involved in Geriatric care in West Virginia. After attending the Assembly attendees will be able to:

- ◆ Define and identify signs and symptoms of physician and caregiver burnout
- ◆ Learn techniques to help with stress relief
- ◆ Describe common challenges affecting grandparents raising grandchildren
- ◆ Identify resources for assistive technology, durable medical equipment and telemedicine.
- ◆ Describe quality care for adults with dementia
- ◆ Determine when palliative or hospice care is appropriate

As part of the Scientific Assembly, WVGS is sponsoring its annual trainee poster competition. The winning poster presenter will receive an award stipend of up to \$1,200.00 to attend the 2019 American Geriatrics Society (AGS) Meeting in Portland OR on May 2—4, 2019. If unable to submit the winning poster to AGS, the winner will receive \$100.00. If the poster submission to AGS is submitted but not accepted for presentation, the winner will receive \$500.00.

## Agenda: September 13, 2018

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- 7:45 — 8:15 AM Conference Registration and Breakfast
- 8:15 — 8:30 AM Welcome and Overview  
Speaker: Carma Korman, MSW  
WVGS President
- 8:30 — 9:30 AM Physician and Caregiver Burnout  
Speakers: Eva Patton-Tackett MD  
Shaun Allen MSW, LGSW
- 9:30 — 10:30 AM Stress Relief for the Caregiver  
Speaker: Pavithra Indramohan MD
- 10:30 — 10:45 AM Break, Networking and Poster Presentations
- 10:45 — 11:35 AM Grandparents Raising Grandchildren: A Growing Community of Caregivers  
Speaker: Brenda Wamsley PhD, MSW
- 11:35 — 12:35 PM Lunch followed by  
WVGS Business Meeting - Open to all  
David Z Morgan Award
- 12:35 — 1:35 PM Caring for the Individual with Dementia  
JT Hunter
- 1:35 — 1:45 PM Practice of Stress Relief Techniques  
Presenter: Pavithra Indramohan MD
- 1:45 — 2:45 PM Caring for the Dying or Chronically Ill  
Carol Matheny, CCNE, APN  
Amy Wirts MD
- 2:45 — 3:15 PM Break, Networking and Poster Judging
- 3:15 — 4:15 PM Panel: Assistive Technology, Durable Medical Equipment and Telemedicine  
Jessica Wright, MBA  
Paula Vineyard, MBA, RT  
Tom Kuhn MS, MHA & Barbara McKee RN, MS
- 4:15—4:45 *Geriatric Pearls—Saurabh Mehta PT, PhD  
Candice Brown PhD*
- 4:45 — 5:00 PM Poster Award Winner Announcement,  
Evaluation and Adjournment

### Disclosure

It is the policy of the CAMC Health Education and Research Institute that any faculty (speaker) who makes a presentation at a program designated for AMA Physician's Recognition Award (PRA) Category I or II must disclose any financial interest or other relationship; (i.e. spouses/partners, grants, research support, consultant, honoraria) that faculty member has with the manufacturer(s) of any commercial product(s) that may be disclosed in the educational presentation. Program Planning Committee Members must also disclose any financial interest or relationship with commercial industry that may influence their participation in this conference. Faculty relationships with industry, if any, will be made available on-site and disclosure made from the podium to the participants

**Accreditation:** In support of improving patient care, this activity has been planned and implemented by The West Virginia Geriatric Society and CAMC Health Education and Research Institute. CAMC Health Education and Research Institute is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



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INTERPROFESSIONAL CONTINUING EDUCATION

**Physicians** - CAMC Health Education and Research Institute's CME program is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians. CAMC Health Education and Research Institute designates this live activity for a maximum of 7 AMA PRA Category I credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in this activity.

### Pharmacy -



The CAMC Health Education and Research Institute is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This knowledge based activity provides 7 contact hours (JA0006133-9999-18-017-L04-P) To receive credit, participants must complete the sign-in sheet, attend each session and complete an evaluation. ACPE credits will be posted online to the CPE Monitor within sixty (60) days following the activity

**Nurses-** The CAMC Health Education and Research Institute is an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation This activity has been approved for 7 contact hours (JA0026-20-18-312) (Expiration date is 2 years from the course date)

**Social Work** - CAMC Health Education and Research Institute is an approved provider of continuing education by the West Virginia Board of Social Work Examiners. This program has been approved for 7 hours of social work credit. Approval number #490045

## Speaker Information

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Eva Patton-Tackett MD  
Marshall University Joan C. Edwards School of Medicine

Shaun Allen MSW, LGSW  
Concord University

Pavithra Indramohan MD  
Marshall University Joan C. Edwards School of Medicine

Brenda Wamsley PhD, MSW  
West Virginia State University

John T. (JT) Hunter  
Alzheimers Association, Charleston Chapter

Carol Matheny MSN, NP  
Quality Insights QIN

Amy Wirts MD  
Kanawha Hospice Care

Paula Vineyard MBA, RT  
Elana Health

Jessica Wright MBA  
West Virginia Assistive Technology Systems

Tom Kuhn MS, MHS & Barbara McKee RN, MS  
Partners in Health Network, Inc.

Saurabh Mehta PT, PhD  
Marshall University  
School of Physical Therapy

Candice Brown PhD  
WVU—Rockefeller Neuroscience Institute

## Location and Parking



**Location:** 2300 MacCorkle Ave. SE, Charleston, WV 25304. University of Charleston Geary Student Union (red star on map) 3rd Floor Ballroom,

**Parking:** Enter at the Main Entrance, UC will have a designated parking area for this event. Please follow the signs to the WVGS event parking area.

## 2018 WVGS Scientific Assembly Planning Committee

Carma Korman, MSW Chairman and WVGS Board President	Jason Todd Strow PharmD
CK Babcock, PharmD	Julie Testman, PharmD
Nancy Daugherty	Pam Meador RN
Barbara Douglas RN	Brenda Wamsley MSW, PhD
Lynne Goebel MD, FACP	

# Registration Form:

[www.camcinstitute.org/conference](http://www.camcinstitute.org/conference)

Registration to CAMC Institute (fill out form or register on-line at [www.camcinstitute.org/conference](http://www.camcinstitute.org/conference))

Name: \_\_\_\_\_

Degree/Specialty: \_\_\_\_\_

Hospital/Institution: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Work phone: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

**Conference fees:**

All attendees/disciplines: \$100 (includes continental breakfast and lunch)

Students/Residents /Interns /Fellows \$35 (covers cost of continental breakfast and lunch)

*Course fee includes credit processing fees, course materials, noted meals*

**Method of payment:**

Checks mail to: CAMC Institute; 3110 MacCorkle Avenue SE. Charleston WV 25304

Email: [institute@camc.org](mailto:institute@camc.org) Phone: 304-388-9960 Fax: 304-388-9966

Master Card/VISA Account Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Registration on-line at [www.camcinstitute.org/conference](http://www.camcinstitute.org/conference)



**West Virginia Geriatrics Society  
3501 MacCorkle Avenue SE, Box 115  
Charleston, WV 25364**

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The West Virginia Geriatrics Society is a state affiliate of the American Geriatrics Society. WVGS works to improve geriatric care through interdisciplinary professional teamwork, education, advocacy and public policy. Information about membership and WVGS activities can be found at [www.wvgeriatrics.org](http://www.wvgeriatrics.org) or you may contact the WVGS at 304-400-9229 or [wvgs@hsc.wvu.edu](mailto:wvgs@hsc.wvu.edu).